

Public Health and Alzheimer's

- Current public health connections to Alzheimer's and cognitive
- Potential public health roles

Federal Focus on Alzheimer's

- National Plan for Alzheimer's Disease
- CDC Healthy Aging support for perceived cognitive impairment module of BRFSS
- Increase in federal funding to support Alzheimer's research, training for clinicians, public awareness, and community interventions

National Alzheimer's Plan: www.alzheimers.gov and <http://aspe.hhs.gov/daltcp/napa/NatlPlan.pdf>

Healthy People 2020

Topic area: Dementias, including Alzheimer's Disease

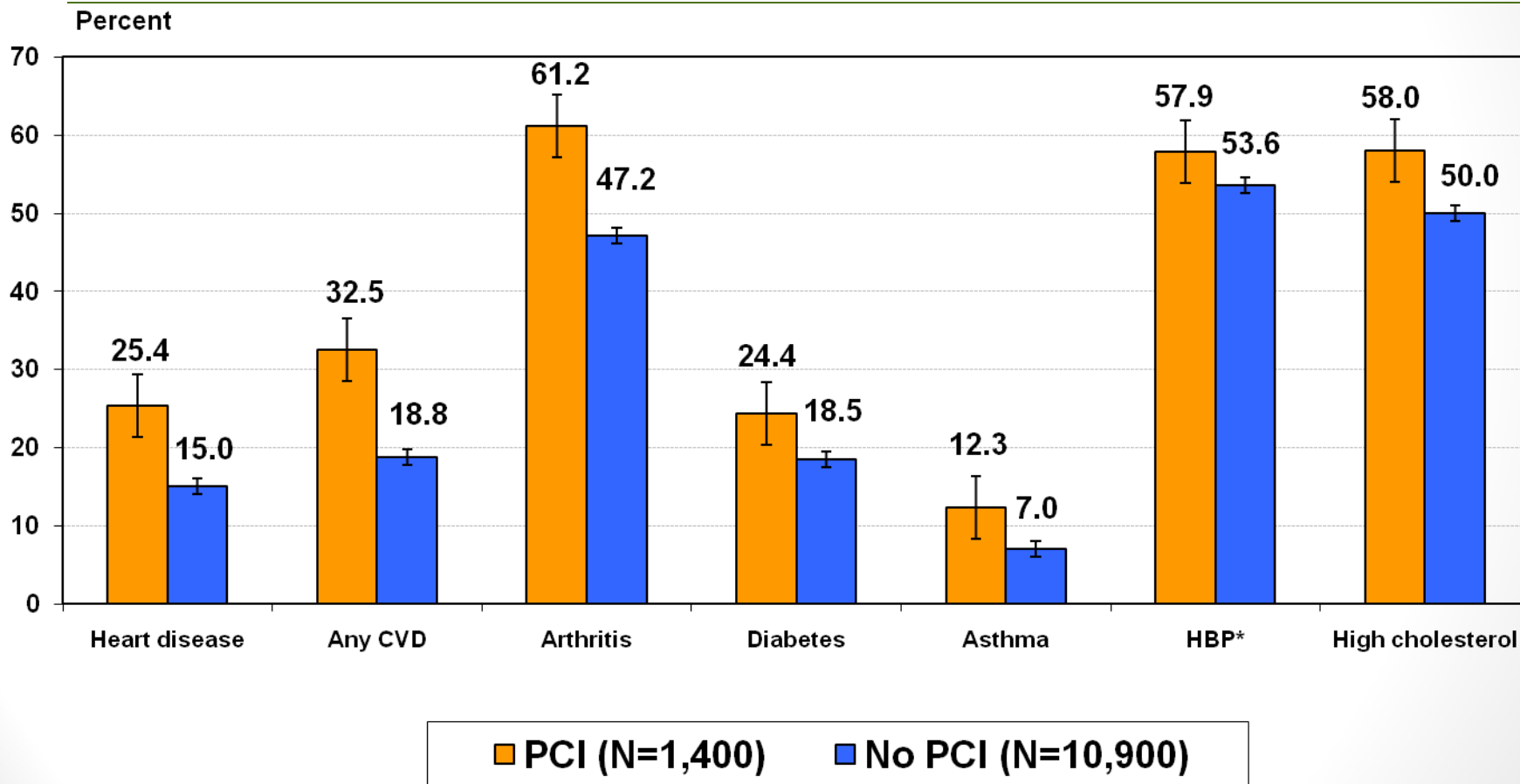
- DIA-1: Increase the proportion of persons with diagnosed Alzheimer's disease and other dementias, or their caregiver, who are aware of the diagnosis.
- DIA-2: Reduce the proportion of preventable hospitalizations in persons with diagnosed Alzheimer's disease and other dementias.

Current Public Health Efforts

Public health programs in Oregon that have, or could have, a significant impact.

- **Persons with Alzheimer's**
 - Diabetes
 - Tobacco
 - Overweight and obesity
 - Falls
 - Hospital readmissions
- **Caregivers**
 - Chronic disease and mental health
 - Support for management/self-management of chronic conditions
 - Worksite wellness

Chronic Conditions and PCI Status, Adults Age 60+, 2009 BRFSS (CA, FL, IA, LA, MI)



CVD: Cardiovascular disease (heart disease or stroke); HBP: High blood pressure, which has P value>0.05.

Current DHS Efforts

Department of Human Services efforts:

- Requirements for licensed care settings
- Family caregiver information, training, and respite
- Work to make systems more “dementia-capable”
- Development of statewide ADRCs (Aging and Disability Resource Connections) to provide information and decision-support for long-term care services and resources



www.ADRCoforegon.org

State Plan for Alzheimer's Disease

1. Enhance Public Awareness and Engagement
2. Optimize Care Quality and Efficiency
3. Protect Individuals with Dementia
4. Improve Access to Quality Care
5. Comprehend, Prevent, and Effectively Treat Dementia and Its Impact

Public Health in the State Plan

Recommendation 5a: Establish a coordinated data system to improve Oregon's ability to plan for and provide effective resources regarding Alzheimer's disease and related dementias.

- Create a workgroup to identify existing data, identify gaps, and develop a system that ensures data can be used to guide policy and funding decisions related to dementia.
- Increase public health surveillance and analysis of impacts of ADRD and caregiving using BRFSS and existing data sources.

Potential Public Health Roles

- Assessment/Surveillance
- Prevention
- Use of evidence-based and best practices
- Policy development
- Alzheimer's disease in the context of:
 - **Public Health 5-Year Goals:** preventing tobacco use, decreasing obesity/overweight, reducing suicide, preventing or reducing heart disease and stroke and increasing survivability, preventing family violence, increasing community resilience to emergencies.
 - **Triple aim:** better health, better care, lower costs

What next?

- Use of BRFSS results to guide next steps
- Alzheimer's State Plan implementation group
- DHS efforts to address dementia through aging services
- Public health...?

Contact us

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